

David holds a Masters in coaching and a Masters in Neuro-leadership. He is a mindfulness practitioner as well as being a Mindfulness based relapse prevention teacher.



As well as being a Change Pro Master Facilitator and Facilitator's Trainer at Learning Ways he has previously taught, as a faculty, at IMD Switzerland, Aalto university Finland, Thunderbird School of Management USA and HEC Paris.

He has been practicing coaching since 2006 which has now become his primary activity and talent.

Furthermore he has experienced that it is the role of coaches to facilitate the emergence of what the coachee(s) already knows to be true, enabling them to grow in the direction they choose. This implies a coaching technique that is centered and neutral, in short a non directive coaching approach.

In addition David holds certifications in: coaching, Myers Briggs type indicator (1&2), Leadership effectiveness assessment (360 LEA), Individual development indicator (IDI), Personal Directions (PD), Gallup employee engagement, Motivational factors, Mindfulness based stress release (MBSR) and Mindfulness cognitive therapy (MBCT).

In his executive coaching practice he has extensive experience working with multinationals to facilitate and coach executives to new levels of performance. David has worked with ExxonMobil, EDF, Celgene, Essilor, EBU, Nestlé, Adidas, Bayer, Hertz, Unilever, Roche, BAT, AMP, Swiss Re, Volvo Meggitt, Engie, Arkema, Toyota and Sika. He has diverse experience in coaching all over the world in areas as diverse as Iraq, China, Oman, Russia, Europe, the US and Australia.

He came into contact with addiction challenges via his executive coaching work. Since then he has been increasingly asked, by highly talented executives who have been momentarily impacted by intense situations, to facilitate a rediscovery of equilibrium in their lives and decision making processes.

David is English mother tongue and speaks French.

